

# The Green Sheet

Central Pennsylvania Golf Course Superintendents Association

Volume 28 Issue 1

Founded ~ April 11, 1939

April 2021

## Happy Anniversary CPGCSA!!!!

On Tuesday evening April 11, 1939 a meeting was held at the Colonial Country Club in Harrisburg for the purpose of organizing the greenskeepers of the area. Those in attendance at this meeting were George Morris, Riley Heckert, Hugh McJunis, James Morrison, Charles Bolton, John Grove, Jack Narril, and Al Heron. At this meeting it was decided to call the group "The Central Pennsylvania Greenskeepers Association". Officers elected were George Morris - President, Hugh McJunis - Vice President, and Riley Heckert - Secretary-Treasurer. Meetings were scheduled for the second Monday of each month with monthly meetings March through November. Dues to cover expenses were set at \$3.00 and the first meeting was set for May 8, 1939 at the Colonial Country Club.

Riley Heckert sent letters to all greenskeepers in the area to announce the gathering. The day started with golf in the afternoon and was followed by dinner. Following dinner Mr. Musser and Mr. Benham from State College and County Agent Fromeyer spoke about fairway grasses, heights of cut for bluegrass and fertilization. Following the educational sessions a business meeting was held and Edward Zwick and E. P. Morris were taken into the Association as new members, raising the membership to ten.

During 1939 the membership grew to thirteen members and at the November meeting the members decided that they wanted to continue meeting throughout the winter rather that wait until March as originally planned.

The Association was a success, just as today, **82 years** later.

## President's Message

What a difference a year makes. Last year at this time we were all closed indefinitely. Uncertainty and speculation ruled supreme. The experts took six weeks to figure out golf is a socially distant sport despite a player's best efforts. Golf and turf professionals in Pennsylvania pulled together to fight for our industry. Once the general public was told to stop hiding under the bed, our courses became refuge for people wanting to get outside and forget the hysteria. Fortunately most of us made up for lost time rapidly with rounds of golf like never before. So far in 2021 the prosperity seems to be continuing. I'm sure it won't last forever. What could possibly go wrong when the government prints a ton of money and mails it everyone?

We are fortunate to be in a scenario where some expenses may have gone down and revenue went up. We need to ride this wave all the way into shore! Central Penn continues to move forward in 2021. I am grateful to my fellow board members for the commitment and work behind the scenes. The 2021 meeting schedule is set with Bon Air Country Club in May, Lebanon Country Club in June, Media Heights Golf Club in September and Bent Creek Country with DSA ceremony in October. We are also working on helping to disseminate information on SRBC groundwater withdrawal rules changes and docket repermitting for golf courses. Some fellow Central Penn members have been through this process and would be an invaluable resource to those who have not. Look for more information coming soon on the commission.

Looking forward to seeing our colleagues at Bon Air!

Pete Ramsey Central Penn President

## **GCSAA** Update

Katrin Wolfe has accepted the position of Mid-Atlantic Regional Field Staff Representative (PA, VA, WV, MD, DC, & DE) in the Chapter Outreach department. Katrin will be working remotely from her home office in East Stroudsburg, PA.

Most recently, Katrin was the Associate Athletic Director for Compliance for East Stroudsburg University overseeing all aspects of NCAA and Pennsylvania State Athletic Conference (PSAC) compliance for 22 varsity sports. Prior to that, she served in a similar role at the University of Pittsburgh at Johnstown as Director of Wellness Programming & Athletic Compliance for 15 varsity teams. She also served as member of the National Women's Lacrosse Committee and was a Liaison for PSAC Men's Golf.

Katrin holds a bachelor's degree in Kinesiology from Pennsylvania State University and two master's degrees; Exercise Physiology from West Virginia University and Higher Education Management at the University of Pittsburgh. She is working on a doctorate degree in Administration and Leadership at Indiana University of Pennsylvania. Katrin was a member of the Penn State Women's Golf Team. She is a seven-time USGA Women's Amateur Championship qualifier.

Katrin's first day will be May 3. She plans to visit GCSAA headquarters May 12 – May 14 to attend various meetings and get a chance to meet more of our team.

## Earth Day 2021

This year marks the 50th anniversary of Earth Day! Every year on April 22, people around the world mobilize to address some of the most urgent threats facing our environment, from climate change to deforestation to plastic pollution. We're taking a look at what you need to know about this year's Earth Day events, as well as looking at some fascinating Earth Day facts.

In honor of Earth Day's milestone anniversary, here are 25 facts about the history of Earth Day, as well as facts about the environment that may serve as a wake-up call for action.



### 25 Facts About Earth Day

- 1. Gaylord Nelson, a senator from Wisconsin, founded Earth Day in 1970 to raise public consciousness about environmental concerns such as pollution, oil spills and vanishing wildlife. He tapped into the energy of the anti-war movement, framing Earth Day as a "national teach-in on the environment."
- 2. April 22 was chosen as the date for Earth Day because it fell between Spring Break and final exams, and organizers wanted to maximize student involvement.
- Twenty million Americans, or about 10 percent of the country's population at the time, took part in events and demonstrations on the first Earth Day.
- The first Earth Day pushed environmental concerns onto the national agenda. That same year, Congress authorized the creation of the U.S. Environmental Protection Agency.
- The first Earth Day in 1970 inspired the passage of the Clean Air, Clean Water and Endangered Species Acts, according to the EPA.
- The theme for Earth Day 2020 is Climate Action.
- Around 1 billion people take part in Earth Day activities around the world every year.
- 8. In the lead-up to Earth Day this year, millions of people worldwide will participate in Earth Hour on March 28. At 8:30 p.m. local time, people will participate in events and demonstrate their commitment to the planet. In past years, Earth Hour gatherings have contributed to real policy changes, including the creation of a marine-protected area in Argentina and environmental protection legislation in Russia.
- 9. On Earth Day in 2011, people planted 28 million trees in Afghanistan as part of a "Plant Trees Not Bombs" campaign.
- 10. Since the first Earth Day, average annual temperatures in the contiguous United States have been warming at a rate of 0.45°F per decade.
- 11. Humans today use about 50 percent more natural resources than we did 30 years ago, according to a report from Friends of the Earth.
- 12. Animal species populations saw an overall decline of 60 percent worldwide between 1970 and 2014, due to habitat loss, pollution, climate change and other factors, according to the WWF.
- 13. 2019 was the second-hottest year on record worldwide, just behind 2016, according to the National Oceanic and Atmospheric Administration.
- 14. Twenty of the warmest years on record worldwide have occurred in the past 22 years, according to Climate Central.
- 15. Scientists estimate that dozens of plants and animal species go extinct each day due to hu-
- 16. Rising global temperatures are leading to more extreme weather events, including more intense wildfires and more frequent, high-intensity hurricanes, according to the Earth Day Network.
- 17. The world's population is expected to increase from 7 billion today to 9 billion in 2020, which will only increase the impact of human activity on the environment, according to the Organization for Economic Cooperation and Development.

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- 18. Today's average American generates about 4.5 pounds of trash per day, compared to 2.68 pounds in 1960, according to the EPA.
- 19. Food accounts for 10 to 30 percent of a household's carbon footprint, due to the emissions involved in food production and transportation, according to the Center for Sustainable Systems.
- 20. U.S. automobile fuel economy increased 24 percent between 2004 and 2017.
- 21. You can improve your car's fuel economy by 7 to 14 percent simply by obeying the speed limit.
- 22. Electronic devices plugged in on "standby" mode can account for 5 to 10 percent of a household's energy use.
- 23. Using a dishwasher is more eco-friendly than hand -washing dishes, according to a recent study from the University of Michigan.
- 24. Nearly 80 percent of all plastic waste ever created by humans is still in the environment, according to Recycle Now.
- 25. More than 30 countries and regions have introduced bans on disposable plastic bags to fight plastic waste, according to Greenpeace.



## **Membership News**

The following individuals have applied for membership into our association. If there are no written objections within the next seven days, they will be accepted into CPGCSA at the next meeting.

Andrew SwigertAssistant Superintendent, Ro	
Trace WilsonAssistant Superintendent, Co	
Chuck ZaranecSuperintendent, Country Clu	

If you know of anyone who is interested in membership into the association, please have them contact Wanda at 717-279-0368 or <a href="mailto:coge-ac-al-english-engli

There are a few outstanding 2021 Membership Dues, please contact Wanda if you have any questions about your dues.

Please see a list of our Association Sponsors on Page 12.

Please Support Them as they Support Us!

Membership information is also available on the Central Penn website at:
<a href="https://www.cpgcsa.org">www.cpgcsa.org</a>

## 2021 CPGCSA Board of Directors

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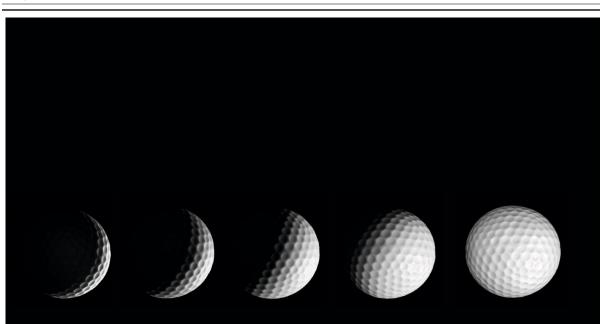
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Donald Dodson - Genesis Turfgrass Andrew Harrison - Pocono Turf Supply Company Page 4 The Green Sheet



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#### **Get GCSAA Points for Courses**

Penn State turfgrass courses may be used toward GCSAA education points to meet entry and/or renewal requirements for Class A and/or Certified Golf Course Superintendent (CGCS) status. Education points earned by attending the GCSAA Education Conference and Golf Industry Show may satisfy some requirements of the turfgrass undergraduate degree or certificates.

Experienced academic advisers are available to help you through every step of the process.

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worldcampus@psu.edu



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# Survey: Mental Health in the Golf Industry

April 2021 | GCM staff

Syngenta asked golf industry professionals about the past year's impact on job-related stress and their mental health. Here, a look at the findings, and resources for those who may need support.

Pandemic-plagued 2020 was tough on almost everyone everywhere, and the golf industry — despite some positives, like an increase in rounds played — took its lumps. One of the most profound yet least obvious impacts might have been to the mental health of the men and women in the industry, and an anonymous survey by Syngenta Golf has shined a stark light on the issue.

- More than half of respondents (60%) experienced an increase in work-related mental health problems from March to December of 2020, and 52% of respondents said they knew of colleagues who had experienced mental health/well-being issues since March of 2020.
- Just over 1% confirmed thoughts of self-harm or suicide, and 21% confirmed alcohol or substance abuse.
- Nearly one-third said they had suffered appetite or weight changes (31%) or had feelings of guilt or worthlessness (32%).
- Nearly half confirmed feelings of depression (43%) or sleep problems (57%), while 64% had feelings described as anxious or worried.
- Just 8% took time off work because of a mental health problem, and a mere 9% sought professional counseling over the past six months.
- Though 35% of respondents said they would talk to a manager or employer about a mental health issue, more than half of organizations (57%) do not offer well-being support or programs, and 88% of respondents had not received any anxiety or stress training in the workplace.
- The bulk of the 256 respondents from the U.S., United Kingdom, Canada and the Netherlands were superintendents or greenkeepers (66%). The rest were PGA professionals/directors of golf (13%), club managers (11%) or "other" (10%).

Read more from Syngenta's mental health survey.

#### Mental health resources for golf course superintendents

#### **National resources:**

## National Suicide Prevention Lifeline

1-800-273-8255

A free, confidential crisis hotline available to anyone 24 hours a day, seven days a week. The Lifeline connects callers to the nearest crisis center in the Lifeline national network. These centers provide crisis counseling and mental health referrals.

#### Crisis Text Line

Text "HOME" to 741741

The Crisis Text hotline is available 24 hours a day, seven days a week throughout the U.S. The Crisis Text Line serves anyone, in any type of crisis, connecting them with a crisis counselor who can provide support and information.

#### National Institute of Mental Health

The agency offers resources and expert-reviewed information on mental disorders and a range of related topics, including treatment, prevention and recovery.

# Substance Abuse and Mental Health Services Administration

The agency provides resources on treatment facilities, data and statistics, and information on current public health topics.





### GCSAA resources:

#### Mindfulness and self-care with Paul MacCormack

A GCSAA webinar with Paul MacCormack, the "Mindful Superintendent," focused on topics tied to personal well-being, tailored to superintendents.

# Down, but not out: A superintendent's recovery from a brain injury

After a life-changing injury on the job and a winding road to recovery, Canadian superintendent Brian Youell has turned private hardship into a message of hope and strength.

#### Career: Take ownership of your attitude

Superintendent Matt Miller shares lessons in cultivating contentment at work.

# Recommended reads, from GCMOnline.com editor Megan Hirt:

Work-Life Balance Is a Cycle, Not an Achievement

Harvard Business Review, Jan. 29, 2021

<u>Mindfulness: An Eight-Week Plan for Finding Peace in a Frantic World</u>

Mark Williams and Danny Penman

<u>The Four Agreements: A Practical Guide to Personal Freedom</u>

Don Miguel Ruiz

Zen and the Art of Happiness

Chris Prentiss

GCMOnline.com - Golf Course Management magazine

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# ~GCSAA News~ Five Facts About Golf Course Best Management Practices in Celebration of Earth Day 2021

Apr 13, 2021 | Kate Hiebert

BMPs demonstrate golf course superintendents' environmental stewardship

Lawrence, Kan. (April 13, 2021) – In 2017, the Golf Course Superintendents Association of America (GCSAA) launched an initiative to create golf course best management practices in all 50 states. In January, GCSAA announced that the goal had been reached and all states now have specific BMPs featuring agronomic practices that support environmental stewardship.

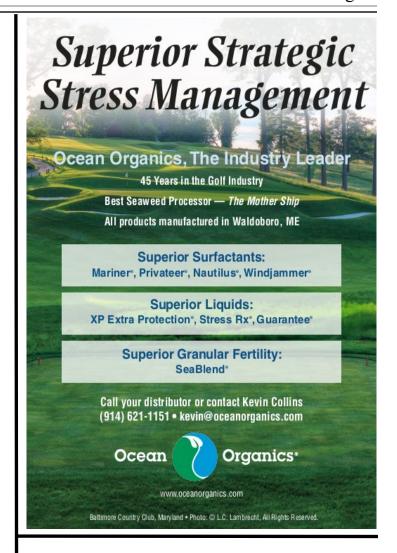
Golf course BMPs offer guidelines for superintendents to manage their facilities in an efficient and environmentally sustainable manner. BMP manuals document all of the science-based practices and professional course management that many people need to see. While superintendents spearhead BMP efforts, the use of BMPs benefit everyone in the community that a golf course serves.

In honor of Earth Day on April 22, here are five facts about the way golf course BMPs promote sustainability and benefit communities:

- 1. BMPs cover key areas such as water management, water quality monitoring, integrated pest management, nutrient management, energy and pollinator protection.
- 2. BMPs are voluntary guidelines for superintendents for managing golf facilities in an efficient manner while providing quality playing surfaces and protecting the environment.
- 3. State BMP development was lead by golf course superintendents working closely with others in the golf industry, university faculty and officials from various state agencies around the country in creating the BMPs.
- 4. BMP manuals provide an easy, detailed reference for golfers, lawmakers and community members to better understand the operations behind the maintenance of one of their local greenspaces.
- 5. State BMP manuals were just the first phase. The next phase involves individual golf facilities using their state guides as a starting point to develop a BMP manual specific to the needs of the course and community.

"Golf course superintendents are committed to their role as environmental stewards," said Rhett Evans, GCSAA CEO. "BMPs document and share the many ways people and wildlife benefit from the agronomic and environmental practices superintendents engage in every day."

To learn more about golf course best management practices and see all of the state BMP guides, visit <a href="https://www.gcsaa.org/environment/best-management-practices">https://www.gcsaa.org/environment/best-management-practices</a>.



## **2021 Meeting Schedule**

May 18
Bon Air Country Club

**June**Lebanon Country Club

**September** Meadia Heights Golf Club

October 27
Bent Creek Country Club
DSL Award Presentation

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## Job Announcement: Lawn Care and Irrigation Manager

J. Hubler Landscaping Inc., a full service Commercial and Residential Landscape, Excavation, and Construction company based in Elizabethtown, PA is looking for a motivated, full-time **Lawn Care Manager** with a minimum of 3 years of experience.

The Lawn Care Manager is responsible for managing the lawn care portfolio services for new and existing clients of J. Hubler Inc. and will also strive to uphold our core values of Precision, Honesty, Innovation, Dependability and Efficiency.

In this position, you will schedule applications, assist with proposals, make applications as needed, and design lawn care programs, as well as the calculation of labor and material costs. *Experience with irrigation system installation is a plus!* 

The Lawn Care Manager will be responsible for running the Lawn Care division of the company. This person is responsible for applying pesticides and fertilizers to turf and ornamental plant beds to control pests and maintain a beautiful landscape for our customers.

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Office: 717.367.6637

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# 2021 MOST VALUABLE TECHNICIAN AWARD

## Presented in partnership with Foley Company



Does your turf equipment technician deserve some much-needed recognition for the vital, behind-the-scenes role they play in the success of your golf facility? If so, he or she is eligible for *GCM*'s Most Valuable Technician (MVT) awards program, presented in partnership with Foley Company.

There are several benefits to you and your equipment technician if he or she wins:

- Both the nominating superintendent and the winning equipment manager will receive a complimentary trip to the Golf Industry Show (full-pack registration, airfare, hotel and spending allowance).
- The winning equipment manager will receive \$2,500.
- The chapter of the nominating superintendent will receive \$1,000. Be sure to nominate your equipment manager to make a difference for your chapter as well!

The industry will vote for the MVT winner in May. Nominations will be narrowed to a field of three finalists by a team of industry judges. *GCM* readers will have the opportunity to review the qualifications of the finalists and vote online for their favorite. The winner of the MVT contest is then profiled in the magazine.

Nominations for the 2021 MVT award are open through April 30, 2021. Submit a nomination.

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